

POST-OP FOR LASER THERAPY/PROCEDURES

***One of the most important results of a laser procedure is in the healing that occurs following the initial procedure. Therefore, it is important not to dislodge the sticky blood that has formed in the pocket of periodontal disease or around the lasered area.**

***Dental Laser procedures result in little to no discomfort.**

DAILY CARE

***Avoid acidic, rough, or crunchy foods for the 1st day of treatment. Resume regular eating habits after the first day of treatment.**

***Do not brush the treated area with an electric toothbrush for one week after treatment nor should you use a waterpik for one week**

***Use light manual brushing for one week in the treated area, however, do not place the bristles into the gums for one week.**

***You can floss between where the teeth are touching, but do not move the floss down under the gums for one week.**

***Resume regular brushing and flossing habits after the first week of treatment.**